

January 2023  
Edition

**Big News**



**Du Fresne's  
AUTO  
REPAIR**

## January Observances

National Blood Donor Month  
National Mentoring Month  
Jan 1st: Free Entry day Oregon/  
Washington State Parks  
Jan 2nd: Rose Bowl & Parade  
Jan 8th: Free Sunday @World For-  
estry Center Discovery Museum  
Jan12-15: Portland Old Time  
Music Gathering  
Thru Mid January –Whale Watch-  
ing on the Oregon Coast

**(503)646-2940 DuFresnesAutoRepair.com**

## Whale Watching on the Oregon Coast

Oregon's whale watching season peaks twice a year: during winter (mid-December–mid-January) and spring (late February–May), when as many as 20,000 gray whales migrate between their summer feeding grounds in the Bering Sea to the shallow lagoons of Baja California, Mexico. To celebrate this migration (and teach folks more about whales and the ocean), Oregon Parks and Recreation hosts biannual [Whale Watching Weeks](#), stationing volunteers at more than 20 sites along the coast during peak migration times. Trained volunteers answer visitor questions and provide information that can enhance your whale watching experience. Visit Oregon State Parks' [whale watching webpage](#) for more information and dates.



## Thank You For The Kind Words

### TR

I've relied upon Dufresne's for many years to keep my car in good working order & they have always done a great job. In my recent trip for winterization some bigger problems were exposed but I know they will fix them and get me safely back on the road!

Too Ooo

As a woman, It's always been hard to find a mechanic that shoots it straight, doesn't do work you don't need, and works with your busy schedule to get it done. I found Du Fresne's to be the one. Thanks Marco and team!

Dan Nichols

They are the best. Honest, high quality, and timely. I have trusted them with my cars for years and will continue to do so.

Sabrina Rabinovitch

I have been taking my cars to Du Fresne's for years. They are reliable and honest. I know when I pick up my car I don't worry that it is not taken care of. It is nice to trust a car repair service.



# ✓ You Made The Grade

## Customer Apperception Special

- ✓ Oil Change & Filter (most cars)
- ✓ Replace Engine Air Filter
- ✓ Replace Front Wipers
- ✓ Brake Inspection and Tire Rotation
- ✓ 70 Point Inspection
- ✓ Wash Window & Vacuum
- ✓ FREE Coffee



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OIL**

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DuFresne's Auto Service Big News

# **\$25.00 OFF-Over \$150.00 Service Scheduled Maintenance 30, 60, 90 & 120 Mile Services**

Manufacture Scheduled Maintenance

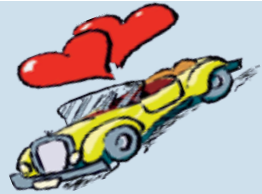
Improve your fuel economy, keep your vehicle running longer and safer and prevent big repairs by paying a little attention to proper maintenance.



**\$25.00 Off**

\$25.00 OFF Any 30k,60k,90k or  
120k Mile Service over \$150.00

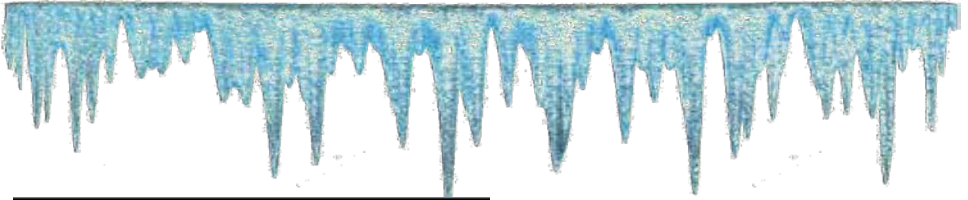
Expires 01/31/2023



# **DuFresne's Auto Service (503)646-2940**

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No math is required to solve a Sudoku. You only need logic and patience. Simply make sure that each 3x3 square region has only one instance of the numbers 1-9. Similarly, each number can only appear once in a column or row in the larger grid. The difficulty on this puzzle is easy.



			4	2	6	
5	7					
		6	5	9	1	
7		4			1	3
		1		2		
2		5		7		4
	4		3	7	1	
					4	5
2	6		8			



"Do you promise to love, honor and not share each other's personal data on social media?"

## *First Day Hikes—January 1st, 2023-FREE*

Otters. You could meet otters, a variety of birds, maybe elk or deer!

Join us outdoors on New Year's Day for First Day Hikes. Choose from 23 hikes in 20 parks across the state. All hikes will be guided by a park ranger or volunteer who will share stories about the park's history, geology, wildlife and plants. All hikes are free and day-use parking fees will be waived Jan. 1 at all open parks that normally charge a parking fee. Plan for winter weather, dress in layers, wear sturdy shoes, bring water and remember to carry binoculars for wildlife viewing.



- [L.L. Stub Stewart State Park](#)
- [Milo McIver State Park: 10 a.m.](#)
- [Deschutes River State Recreation Area:](#)
- [Historic Columbia River Highway State Trail:](#)
- [Elijah Bristow State Park, Equestrian Ride:](#)
- [Detroit Lake State Park:](#)
- [Silver Falls State Park, Historic District Hike:](#)
- [Bullards Beach State Park:](#)
- [Fort Stevens State Park:](#)
- [Jessie M. Honeyman Memorial State Park:](#)
- [Nehalem Bay State Park:](#)
- [South Beach State Park, South Jetty:](#)
- [Sitka Sedge State Natural Area:](#)
- [Collier Memorial State Park:](#)
- [TouVelle State Park:](#)
- [Valley of the Rogue State Park:](#)
- [Cottonwood Canyon State Park:](#)
- [LaPine State Park:](#)
- [Smith Rock State Park:](#)
- [Tumalo State Park:](#)



Oregon Parks and Recreation Department

Reservations: (800) 452-5687

Park information: (800) 551-6949

Salem main office: (503) 986-0707

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# Coupons



**FREE**

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**Winter Can Be Trouble**

**For Belts & Hoses**

**10% Off**

**Parts & Labor**

Expires 01/31/2023

# secrets From Nancy & Tee's Kitchen



Let us know if you  
liked this on  
Facebook.



## Tortellini Soup

### Ingredients

- |                                     |                             |
|-------------------------------------|-----------------------------|
| 1 lb. Ground Sausage                | 1 tsp Basil                 |
| 1 med onion finely chopped          | 1 tsp Oregano               |
| 3 Cloves Garlic Minced              | 1 tsp Parsley               |
| 2 Cups Beef Broth                   | 1/2 tsp Thyme               |
| 1 1/2 Tbsp Tomato Paste             | 2 pinches Red Pepper Flakes |
| 1 14.5 oz can Fire Roasted Tomatoes | Add you favorite Hot Sauce  |
| 4 Cups Veg Broth or Chicken         |                             |
| 10 oz refrigerated Tortellini       |                             |
| 3 Cups Arugula or Spinach           |                             |
| Grated Parmesan Cheese              |                             |
| 1 Tbsp Chopped Cilantro             |                             |



Directions: Brown the sausage over medium heat in a stockpot. Add the onion and cook till softened. Turn the heat to low and add the garlic and spices. Cook for 1 minute stirring constantly. In small bowl whisk tomato paste with about 1/2 cup beef broth. Add the vegetable broth, remaining beef broth, tomatoes and thinned out tomato paste to pot. Bring to a boil. Reduce heat to a simmer. Add tortellini & simmer 10-15 min. till desired tenderness. Remove from heat. Stir in arugula, salt and pepper to taste. Sprinkle with cheese and cilantro.



# Timing Belt Coupon

Severe Driving Habits: From AAA



1. Trips of 5 miles or less.
2. Extended idling conditions or low speed such as Stop and Go Traffic.
3. Trips of 10 miles or less and the outside temperature remains below 32 F
4. Trailer towing.
5. Operating in dusty, sandy, or salty areas.
6. Driving continuously in excess of normal highway speeds.
- 8 Extended driving in excessive temperature conditions. (above 90 F)

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Expires January 31st

Can not be combined  
with any other offer.

**Timing Belt Replacement**

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## How Do You Know?



When it comes to vehicles, there are many similar symptoms to different problems. You may need a tune-up or it may be something completely different. So what are some signs to look for when a tune -up might be needed? **A misfiring engine** (when spark plugs ignite at the wrong time) could be caused by worn or fouled spark plugs. Bad spark plugs can also cause low fuel economy, hard starting and sluggish acceleration. **A dirty or clogged engine air filter** is more likely to reduce acceleration than fuel economy, according to tests conducted by the EPA. Because filters get dirty gradually over time, you might not notice a small but steady loss of performance until your car is accelerating like a turtle. But if you haven't changed the filter in a couple of years (or sooner in areas that have a lot of soot in the air), that could be part of the problem. **Engine deposits caused by low-quality or contaminated gasoline** create drivability problems, and the cure for that might be a fuel system cleaning. **An illumi-**



**nated check engine light** signals when something is amiss in the emissions control system, but depending on what the issue is, it could also affect fuel economy or engine performance, so don't ignore it. A faulty oxygen sensor, for example, leaves the engine computer in the dark about how to set the air-fuel mixture, and that can

result in poor fuel economy. **An old oxygen sensor** may still work well enough that it doesn't trigger the check engine light but could still hurt fuel economy. Engine performance can also be reduced by more serious internal problems, such as valves that don't seat properly or worn piston rings, or by restrictions in the exhaust system. We would recommend consulting a professional mechanic who has the right equipment to help diagnose the cause of the issue. So next time you visit, instead of asking for a tune-up, talk with our **Service Writer** about any issue your vehicle is having. This will help them diagnose the root problem to keep your vehicle running at it's best. **Courtesy of Cars.com**



Portland  
Rescue Mission

*Giving Hope. Restoring Lives.*

# THANK YOU

## Another Successful Coat Drive

Thank you so much to everyone who donated Coats,  
Hats, Blankets, Gloves and Warm Clothes.

You are very much appreciated.

8	9	1	7	4	3	2	6	5
6	5	7	2	1	8	3	9	4
4	3	2	6	5	9	8	1	7
9	7	8	4	6	5	1	2	3
3	6	4	1	9	2	5	7	8
2	1	5	8	3	7	9	4	6
5	4	9	3	7	1	6	8	2
7	8	3	9	2	6	4	5	1
1	2	6	5	8	4	7	3	9



**Thank you for trusting us with  
your friends & family!**

**Customer of the Month**

Carol Loescher

Temo Gonzales

Marylyn Jaboson

REFER A FRIEND OR FAMILY MEMBER  
& GO TO THE MOVIES ON US



Exceptional Customer of the

**Big News**  
10690 NW Cornell Rd  
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