

**NOVEMBER 2023
EDITION**



**Du Fresne's
AUTO
REPAIR**

Big News

November Observances

- Nat'l Adaption Awareness Month**
- Native American Heritage Month**
- Peanut Butter Lovers Month**
- Nov 2nd: Cookie Monster Day**
- Nov 4th: Pumpkin Destruction Day**
- Nov 11th: Veterans Day**
- Nov 14th: Teddy Bear Day**
- Nov 14th: National Pickle Day**
- Nov 17th: World Peace Day**
- Nov 21st: Odd Socks Day**
- Nov 23rd: Thanksgiving**

(503) 646-2940 DuFresnesAutoRepair.com



The Story of Du Fresne's Auto Service as told by Nancy Du Fresne Scheewe

DU FRESNE'S AUTO SERVICE, INC started in business December 11, 1968. Originally I was working as a bookkeeper for service stations. We purchased our first Shell station with \$10,000 borrowed from my dad's credit union. Eventually, we had 4 Shell Stations. Our growing children both worked at our stations for many years... first cleaning up, then pumping gas, doing the books and finally managing a couple of the stations. See the rest of the story on our website. DuFresnesAutoRepair.com

Thank You For The Kind Words

Mark Gibson

I'm so glad I contacted DuFresne's. I had taken my Durango to the dealership for what seemed like a bad starter, I got an assessment that just didn't line up. Preston at Du Fresne's was willing to look at the images of the issue and give advice while the vehicle was still at the dealership. In the end it became quite clear that the repairs recommended by the dealership were not required. I had my vehicle towed to Du Fresne's and was very happy with the service, the attention to detail and the transparency. So happy to have found the shop I will go to for all future repairs.

Mayne Mihacsi

I was looking for an alternative auto repair company in lieu of a Ford dealer

so I gave them a try. They took the replacement parts I had previously sourced and made the repairs within a week. The repair was replacing both exhaust manifolds on a F-150 truck and it was a challenge for anyone. Preston understood what was needed and he had his mechanic do the work to my satisfaction. I would recommend them to others that need repair work accomplished.

Kristina Morris

We love Du Fresne's Auto Service! They are very punctual and honest about the work that needs to be done and your options. Highly recommend!





**\$55.00 Off
Timing Belt**

Do you know what is considered “SEVERE DRIVING HABITS”. I bet you will be surprised. The following is from the AAA Website .

Tips of 5 miles or less

Extended idling conditions or low speed such as Stop and Go Traffic

Trips of 10 miles or less and the outside temperature remains below 32F

Trailer Towing

Operating in dusty, sandy or salty areas

Extended driving in excessive temperature conditions (above 90)

Happy Anniversary Special Timing Belt Replacement

DuFresne's Auto Service

10690 NW Cornell Rd, Portland Oregon 97229—503 646 2940



\$55.00 OFF Expires: Nov 30th

(503) 646-2940 DuFresnesAutoRepair.com

11th Annual Coat Drive

Du Fresne's Auto Service is Partnering with Portland Rescue Mission

DuFresne's Auto Service is collecting new or clean and gently used coats and jackets during the month of November. All coats will be donated to the "Portland Rescue Mission"

We are also collecting Hats, Gloves, Scarfs, Warm Clothes, Blankets and socks.

You will receive \$5.00 Coupon for the first coat you donate and \$2.00 for every coat after.

Up to \$50.00



(503) 646-2940 DuFresnesAutoRepair.com

No math is required to solve a Sudoku. You only need logic and patience. Simply make sure that each 3x3 square region has only one instance of the numbers 1-9. Similarly, each number can only appear once in a column or row in the larger grid. The difficulty on this puzzle is easy.

			4		5	2		
	2	3		7		9		
					9			4
8		7		9				
		4				3		
				4		6		7
1			2					
		2		5		4	1	
		8	6		3			



"I'm trying to eat healthy. Where do you keep the organic donuts?"

Portland Troll Bridge



Why trolls began to appear under a bridge in Portland is an open question. Perhaps it was a forced migration, or a simple search for a better life? Or maybe the local human population is just trying its hardest to keep Portland weird...Trolls were once fearsome creatures. Solitary and hostile to men, they frequented the darkest depths of castles and caves, stealing human maidens and feasting on stray children. But then, in the 1960s, something went terribly wrong. The gnarled troll-folk of Norse and Scandinavian folklore were shrunk and plasticized into colorful little creatures with big hair and loveable smiles. Not exactly what Henrik Ibsen had in mind when he wrote "To live is to war with trolls in heart and soul." And it's these colorful little trolls that you'll find under an old trestle railway bridge on the outskirts of Portland, Oregon. Drive along McNamee Road (known as "McGnarly Road" by local cyclists for its challenging hills and you'll pass beneath the bridge, surrounded by shady woodland. Here, along a series of weathered wooden planks, you'll see the trolls. Over the years, locals have been affixing troll dolls to the wood, alongside a few trolls painted directly onto the planks. The colony of colorful little trolls has an unstable population, as nefarious humans occasionally pilfer the poor things. Thankfully, kindhearted humans living in the area replace them with fresh trolls, keeping the collection alive.



Know Before You Go : To get to the troll bridge, head northwest out of Portland on NW St Helens Road. Take a left along McNamee Road and you'll soon reach the bridge. Don't forget to bring a troll to add to the colony.

Coupons



2 FREE MOVIE TICKETS

Refer a Friend,
Family, Co-Worker or
even your Mail Man
and get 2 FREE
Movie Tickets from
DuFresne's Auto
Service

Daylight Savings Check up Special

Most Vehicles-5 quarts
Expires Nov 30, 2023

- ⇒ Check your tire pressure & inspect your tires for wear
- ⇒ Inspect wiper blades
- ⇒ Remove debris from radiator grill and under the hood
- ⇒ Check belts & hoses
- ⇒ Test battery
- ⇒ Oil change

**\$49.95 Conventional
\$79.95 Synthetic**

9	8	1	4	3	5	2	7	6
4	2	3	8	7	6	9	5	1
5	7	6	1	2	9	8	3	4
8	6	7	3	9	2	1	4	5
2	5	4	7	6	1	3	8	9
3	1	9	5	4	8	6	2	7
1	9	5	2	8	4	7	6	3
6	3	2	9	5	7	4	1	8
7	4	8	6	1	3	5	9	2



Secrets From Nancy & Tee's Kitchen



Let us know if you liked
this on Facebook.

Old Fashion Stuffing - By William J Sterling (My Father)

My dad was a chef on the Union Pacific Railroad for 50 years. This was his famous stuffing recipe. Thanksgiving is not the same without it. I had to watch many times to get it right since he never new how much or how long.

Ingredients

2 pkgs stuffing mix with seasoning
1 large onion, chopped
1 large group of celery
1 1 lb bacon , chopped

32 oz Chicken Broth
poultry Seasoning to taste
salt & pepper to taste

Fry Bacon in large fry pan. Add celery & onion. Sautee. Drain half the bacon grease. Place stuffing mix in large bowl. Add bacon, Celery and onion mixture. Stir chicken broth in. Mix with your hands until ingredients can form a ball.

Put in refrigerator over night. Stuff turkey (neck and cavity area). Cook turkey per your favorite recipe. Any extra stuffing mixture can be put in a casserole dish, cover and cook 1 hour at 350.



(503) 646-2940 DuFresnesAutoRepair.com

Did You Know We Are A AAA Shop?

**10%
OFF**

10% Off Labor

Up To \$50.00

Show us your AAA Card
when checking in.



***Approved
Auto Repair***

HUBER'S SINCE 1879

Portland's Oldest Restaurant

Established in 1879, Huber's is **Portland's oldest restaurant**. If you visited us in the 1890s, you'd have seen patrons conversing with a drink in one hand and a turkey sandwich in the other. Over 100 years later, we're still known for our turkey. Along with our traditional turkey dinner, you can expect majestic decor that's reminiscent of another time. Join us in experiencing the rich history of Portland in our awe-inspiring restaurant.

Famous Spanish Coffee's

Made Table Side



Portland's oldest restaurant is the place to go for an authentic Thanksgiving dinner with friends. Huber's is known for their **signature turkey dishes**. This restaurant is perfect for those who want a fancier Thanksgiving experience. Take a look at Hubers.com for the menu and how to make a reservation.

Thanksgiving Dinner At Huber's





Here's a look at 10 healthy benefits of drinking pickle juice.

- It soothes muscle cramps. ...
- It helps you stay hydrated. ...
- It's a fat-free recovery aid. ...
- It won't bust your budget. ...
- It contains antioxidants. ...
- It may support your weight loss efforts. ...
- It helps control blood sugar levels. ...
- It boosts gut health.
- Dill is healthy
- It sweetens your breath



Muscle Cramps in the middle of the night? I get up and take a couple good swigs of pickle juice.

**Thank you for trusting us with
your friends & family!**

Matt & Koyoke Kaye, Dean Wood,
Heather Sixkiller, John Nakamura
Aby Nagy, Jason Martinez

Customer of the Month

Zach Horton

REFER A FRIEND OR FAMILY MEMBER
& GO TO THE MOVIES ON US



Exceptional Customer of the month.

(503) 646-2940 DuFresnesAutoRepair.com

Big News
10690 NW Cornell Rd
Portland, Or 97229
503-646-2940
DuFresnesAutpRepair.com



Du Fresne's
AUTO
REPAIR

PRESORTED
FIRST-CLASS
US POSTAGE
PAID
WEST PRESS
85726

