

Revvng Your Mind
Not just Your Engine

January 2021
Edition



Du Fresne's
**AUTO
REPAIR**

NEWS
flash!

Inside This Edition:

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- Wow...What A Testimony
- To Add or Not To Add
- The Stumper
- Savings Hub
- Beef with Burgundy Mushroom
- What A Sugar Rush!

From Your Friends at
Du Fresne's Auto Service

Laugh Out Loud



*Hurry...
Savings Inside!*

Holiday Insights

- National Blood Donor Month
- National Hobby Month
- Jan 1: Happy New Year
- Jan 3: Festival of Sleep Day
- Jan 4: National Spaghetti Day
- Jan 5: National Bird Day
- Jan 8: Bubble Bath Day
- Jan 9: Take The Stairs Day
- Jan 10: Houseplant Appreciation Day
- Jan 13: Make Your Dreams Come True Day
- Jan 14: Dress Up Your Pet Day
- Jan 17: Ditch New Years Resolutions Day
- Jan 18: Martin Luther King Jr Birthday
- Jan 19: National Popcorn Day
- Jan 21: Squirrel Appreciation Day
- Jan 23: Measure Your Feet Day
We only ask..."WHY!?!?"
- Jan 24: Compliment Day
- Jan 26: Spouse's Day
- Jan 28: Fun at Work Day
- Jan 31: Inspire Your Heart with Art Day



Got
Questions?

Contact us



Hours

Monday - Friday
6AM - 5PM

(503) 646-2940 ■ DuFresnesAutoRepair.com

Flippeded Flyers

With a collection of movies and documentaries spotlighting flightless birds, it would appear that Hollywood is obsessed with penguins. And for good reason - these adorable, waddling birds are friendly creatures that inhabit the frozen tundra of Antarctica, as well as the surrounding Antarctic and sub-Antarctic islands. Here are some fun facts about these adorable creatures.

1. Emperor penguins are the largest species, standing up to 50 inches tall, and can dive up to 1,850 feet.
2. Often called 'flippered flyers,' penguins are able to move effortlessly through the water. Though they are unable to fly, their wings are developed for vigorous swimming. They can swim between 4-7 miles per hour. However gentoo penguins are the fastest and can reach up to 22.
3. In order to survive the harsh Antarctic environment, penguins often huddle together to conserve warmth. Individuals take turns moving to the group's protected center and, after the penguin has become relatively warm, it will move to the outer perimeter of the group, changing places with a colder penguin.
4. Male emperor penguins sit on their eggs for over two months, withstanding icy temperatures and immense wind chills, in order to keep their future offspring warm. Females sometimes travel up to 50 miles to reach the open ocean, where they find fish, squid, and krill for their young.
5. A group of penguins is called a colony while a group of penguin chicks is called a creche.
6. Penguins vary in weight. Little blue penguins can weigh as little as two pounds while emperors can weigh up to 90 pounds.



**May your troubles
be less and your
blessings be more.
~ Irish Blessing**

WOW...What A Testimony!

Kyle Rinkes: “Reliable fast service at for reasonable prices, family run and make you feel like a neighbor.”

To Add or Not To Add

Do you want to improve the fuel economy of your vehicle or reduce the overall noise of the vehicle?

Oil additives help with fuel economy as well as overall performance of your engine. It is something you should consider if you want to have your car working in great order for years and save a little money at the pump.

What you need to consider are the features of the oil additive and what it can do for the engine. Oil additives help:

- Reduce friction between engine parts
- Dislodge contaminants or deposit sludge
- Reduce emissions by improving the fuel economy

There are features that you should be aware of:

- Not all fuel additives perform all of the above mentioned tasks. Some specialize in one thing or another, while other products are universal and can help improve all three functions of the engine.
- Some chemicals in oil additives can make things worse for the engine. At minimum, the product should be EPA certified.
- The additive must be compatible with the make and model of the engine.

Some additives are designed for gas, while others are diesel.

Some can assist with both types of engines. It is very important to understand if the additive is compatible with your make and model. Check the user's manual of your vehicle to find out what type of engine it has to make sure the oil additive is compatible.

Where you live does matter. Some oil additives can't withstand certain conditions. Cold weather is notoriously hard on oil and additives. However, most are able to withstand hot temperatures, even extreme heat. So if you live in a very cold place you may find some products are ineffective, or even damaging to the engine.

Oil additives can help improve the performance and fuel efficiency of your vehicle, especially older vehicles. The most important thing is to make sure the additive is appropriate for your type of engine and help solves the issue you are attempting to address.

Conventional and Synthetic motor oils typically contain a mixture of several types of oil additives formulated for a certain type of engine. Come on by and we'll be happy to discuss your options with you.



CONGRATS!



You've

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THE 
GRADE**

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- √ Oil Change and Filter
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- √ Replace Wipers (Front Only)
- √ Tire Rotation and Brake Inspection
- √ 70 Point Inspection

Conventional

Only

\$99.95

Synthetic

Only

\$129.95



Excellent Job!

Expires 1/31/21 · Coupon must be presented at time of service
Cannot be combined with any other offer · Up to 5 Qts



The Stumper

SUDOKU:

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.

		8				4	2	6
	9		2	4			5	7
2						3	9	
			1				4	3
3		2	9		6	1		5
6	1				7			
	2	7						8
5	8			2	9		3	
9	6	3				5		

Hint...Sudoku answers included within this edition.



Thank you to everyone who participated in this years Free Brakes with a Grocery Bag of Food.

Watch next newsletter for pictures of all the food we collected.



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Improve your fuel economy, keep your vehicle running longer and safer and prevent big repairs by paying a little attention to proper maintenance.



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With Any Other Service**

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Coupon must be presented at time of service
One coupon per visit · Not Valid with any other offer · With Any Other Service

A big shout out to all our customers that participated in this years coat and blanket drive. A special thank you to

Barb Gadawski for all the knitted hats and hand warmers. This year was a huge success. Everything is donated to the Portland Rescue Mission.





Severe Driving Habits: From AAA

1. Trips of 5 miles or less.
2. Extended idling conditions or low speed such as Stop and Go Traffic.
3. Trips of 10 miles or less and the outside temperature remains below 32 F
4. Trailer towing.
5. Operating in dusty, sandy, or salty areas.
6. Driving continuously in excess of normal highway speeds.
7. Extended driving in excessive temperature conditions. (above 90 F)

Call or E-mail today for your appointment.

503-646-2940

The Picture of a timing belt is just an example,
yours may be slightly different.

Timing Belt Replacement

\$50.00 OFF

**Can not be combined
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EXPIRES:
Jan 31 , 2021

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**DuFresne's
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Beef with Burgundy Mushrooms



This classic recipe is a pot full of richly flavored beef and sauce spooned over noodles. Ready to serve in 25 minutes!

Ingredients

- 2 cups uncooked medium egg noodles (4 oz)
- 1 lb boneless beef sirloin steak (1/2 inch thick), cut into 4 pieces
- 2 packages (8 oz each) fresh whole mushrooms, quartered
- 1 can (10 1/2 oz) condensed French onion soup
- 1/4 cup dry red wine (such as Burgundy) or nonalcoholic wine
- 1 tablespoon cornstarch
- 3 tablespoons tomato paste with basil, garlic and oregano
- 1/2 teaspoon dried oregano leaves
- 2 tablespoons chopped fresh parsley
- Pepper

Directions

1. Cook and drain noodles as directed on package, omitting salt. Place in serving bowl; cover to keep warm.
2. Meanwhile, heat 12-inch nonstick skillet over medium-high heat. Add beef; cook 3 to 4 minutes on each side or until desired doneness. Remove from heat. Place beef on serving platter; cover to keep warm.
3. Wipe skillet clean with paper towels. Heat skillet again over medium-high heat. Add mushrooms; cook 10 minutes, stirring occasionally.
4. Meanwhile, in medium bowl, mix soup, wine, cornstarch, tomato paste and oregano.
5. Add soup mixture to mushrooms; cook, stirring frequently, until bubbly and thickened. Remove from heat. Stir in parsley, and season to taste with pepper. Spoon mushroom mixture over beef; serve with noodles.

**Thank you for
trusting us and
helping us grow.**

**Referral Customers
of the Month**
Cliff Finnell
Dianne Tannler
Meredith Levy
Sala Kannan

**Thank you for
brightening our day
and being an
awesome customer.**

**Customer
of the Month**
**Patrick & Jessica
Savage**

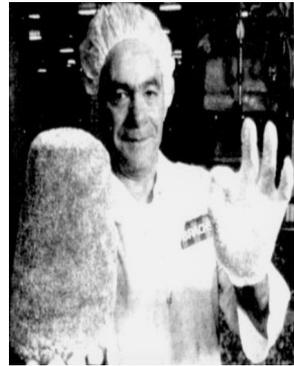
What A Sugar Rush!

It is said that Percy Trusdale invented the gumdrop in 1801. Since then, the most popular flavors have become cherry, grape, orange, lemon and spice flavors like clove, cinnamon, mint and licorice.

What's really hard to believe is that candy only became widely available about 130 years ago. Most people made their own fudge or caramel at home so there wasn't any need for a candy shop.

However with the growth in it's popularity, candy shops started springing up regularly and "gumdrop" became the nickname of the Nasa Apollo Command modules because of their conical shapes.

On the left, Dennis LaRocca of Brach's Candy shows off the giant gumdrop that was made for the holiday season. It tips the scales at a little over 10 pounds and it's believed to be the world's largest gumdrop. The information has been submitted to the Guinness Book of World Records.



The craziest part is that if you ate this candy, you would consume 15,127 calories. Now that's a lot of calories.

Whew...Talk about a sugar rush!



HOLY COW!

7	3	8	5	9	1	4	2	6
1	9	6	2	4	3	8	5	7
2	5	4	7	6	8	3	9	1
8	7	9	1	5	2	6	4	3
3	4	2	9	8	6	1	7	5
6	1	5	4	3	7	2	8	9
4	2	7	3	1	5	9	6	8
5	8	1	6	2	9	7	3	4
9	6	3	8	7	4	5	1	2

secrets From Nancy & Tee's Kitchen



Let us know if you
liked this on
Facebook.

Oven Baked Whole Ranch Chicken

INGREDIENTS:

6 Lbs. Roasting chicken

Kosher salt

Ground Pepper

1 Head garlic, cut in half crosswise

1 Apple, halved

1 Lemon, halved

2 tbsp. butter melted

2 tbsp. HIDDEN VALLEY original ranch salad dressing & seasoning mix shaker



Directions:

1. Preheat the oven to 425 degrees F and place a cooking rack into a roasting pan.
2. Season the cavity of the chicken well with salt and pepper, and stuff with the garlic, apple, and lemon halves. Brush the outside of the chicken with the butter and sprinkle with the seasoning mix.
3. Tie the legs together with kitchen string and tuck the wing tips under the body of the chicken. Place on the rack.
4. Roast the chicken for 90 min, or until the juices run clear when you cut between a leg and thigh. Remove the chicken and let rest for about 10-15 min before carving.

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is sent by your friends at

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Happy New Year

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