

Revving Your Mind  
Not just Your Engine

January 2021  
Edition



Du Fresne's  
**AUTO  
REPAIR**

**NEWS**  
flash!

*Inside This Edition:*

- Flipped Flyers
- Wow...What A Testimony
- To Add or Not To Add
- The Stumper
- Savings Hub
- Beef with Burgundy Mushroom
- What A Sugar Rush!

From Your Friends at  
Du Fresne's Auto Service

*Laugh Out Loud*



*Hurry...  
Savings Inside!*

*Holiday Insights*

- National Blood Donor Month
- National Hobby Month
- Jan 1: Happy New Year
- Jan 3: Festival of Sleep Day
- Jan 4: National Spaghetti Day
- Jan 5: National Bird Day
- Jan 8: Bubble Bath Day
- Jan 9: Take The Stairs Day
- Jan 10: Houseplant Appreciation Day
- Jan 13: Make Your Dreams Come True Day
- Jan 14: Dress Up Your Pet Day
- Jan 17: Ditch New Years Resolutions Day
- Jan 18: Martin Luther King Jr Birthday
- Jan 19: National Popcorn Day
- Jan 21: Squirrel Appreciation Day
- Jan 23: Measure Your Feet Day  
We only ask..."WHY!?!?"
- Jan 24: Compliment Day
- Jan 26: Spouse's Day
- Jan 28: Fun at Work Day
- Jan 31: Inspire Your Heart with Art Day



Got  
Questions?

Contact us



Hours

Monday - Friday  
6AM - 5PM

(503) 646-2940 ■ [DuFresnesAutoRepair.com](http://DuFresnesAutoRepair.com)

## *Flipped Flyers*

With a collection of movies and documentaries spotlighting flightless birds, it would appear that Hollywood is obsessed with penguins. And for good reason - these adorable, waddling birds are friendly creatures that inhabit the frozen tundra of Antarctica, as well as the surrounding Antarctic and sub-Antarctic islands. Here are some fun facts about these adorable creatures.

1. Emperor penguins are the largest species, standing up to 50 inches tall, and can dive up to 1,850 feet.
2. Often called 'flipped flyers,' penguins are able to move effortlessly through the water. Though they are unable to fly, their wings are developed for vigorous swimming. They can swim between 4-7 miles per hour. However gentoo penguins are the fastest and can reach up to 22.
3. In order to survive the harsh Antarctic environment, penguins often huddle together to conserve warmth. Individuals take turns moving to the group's protected center and, after the penguin has become relatively warm, it will move to the outer perimeter of the group, changing places with a colder penguin.
4. Male emperor penguins sit on their eggs for over two months, withstanding icy temperatures and immense wind chills, in order to keep their future offspring warm. Females sometimes travel up to 50 miles to reach the open ocean, where they find fish, squid, and krill for their young.
5. A group of penguins is called a colony while a group of penguin chicks is called a creche.
6. Penguins vary in weight. Little blue penguins can weigh as little as two pounds while emperors can weigh up to 90 pounds.



**May your troubles  
be less and your  
blessings be more.  
~ Irish Blessing**

## *WOW...What A Testimony!*

**Kyle Rinkes:** “Reliable fast service at for reasonable prices, family run and make you feel like a neighbor.”

## *To Add or Not To Add*

Do you want to improve the fuel economy of your vehicle or reduce the overall noise of the vehicle?

Oil additives help with fuel economy as well as overall performance of your engine. It is something you should consider if you want to have your car working in great order for years and save a little money at the pump.

What you need to consider are the features of the oil additive and what it can do for the engine. Oil additives help:

- Reduce friction between engine parts
- Dislodge contaminants or deposit sludge
- Reduce emissions by improving the fuel economy

There are features that you should be aware of:

- Not all fuel additives perform all of the above mentioned tasks. Some specialize in one thing or another, while other products are universal and can help improve all three functions of the engine.
- Some chemicals in oil additives can make things worse for the engine. At minimum, the product should be EPA certified.
- The additive must be compatible with the make and model of the engine.

*Some additives are designed for gas, while others are diesel.*

*Some can assist with both types of engines. It is very important to understand if the additive is compatible with your make and model. Check the user's manual of your vehicle to find out what type of engine it has to make sure the oil additive is compatible.*

Where you live does matter. Some oil additives can't withstand certain conditions. Cold weather is notoriously hard on oil and additives. However, most are able to withstand hot temperatures, even extreme heat. So if you live in a very cold place you may find some products are ineffective, or even damaging to the engine.

Oil additives can help improve the performance and fuel efficiency of your vehicle, especially older vehicles. The most important thing is to make sure the additive is appropriate for your type of engine and help solves the issue you are attempting to address.

Conventional and Synthetic motor oils typically contain a mixture of several types of oil additives formulated for a certain type of engine. Come on by and we'll be happy to discuss your options with you.



**CONGRATS!**



**You've**

**MADE  
THE   
GRADE**

***Customer Appreciation Special***

- ✓ Oil Change and Filter
- ✓ Replace Engine Air Filter
- ✓ Replace Wipers (Front Only)
- ✓ Tire Rotation and Brake Inspection
- ✓ 70 Point Inspection

**Conventional**

**Only**

**\$99.95**

**Synthetic**

**Only**

**\$129.95**



**Excellent Job!**

Expires 1/31/21 · Coupon must be presented at time of service  
Cannot be combined with any other offer · Up to 5 Qts



## The Stumper

### SUDOKU:

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.

		8				4	2	6
	9		2	4			5	7
2						3	9	
			1				4	3
3		2	9		6	1		5
6	1				7			
	2	7						8
5	8			2	9		3	
9	6	3				5		

*Hint...Sudoku answers included within this edition.*



Thank you to everyone who participated in this years Free Brakes with a Grocery Bag of Food.

Watch next newsletter for pictures of all the food we collected.



**\$25.00 OFF-Over \$150.00 Service  
Scheduled Maintenance  
30, 60, 90 & 120 Mile Services**

Manufacture Scheduled Maintenance

Improve your fuel economy, keep your vehicle running longer and safer and prevent big repairs by paying a little attention to proper maintenance.



**SCHEDULED  
MAINTENANCE**



**\$25.00 Off**



**\$25.00 OFF Any 30k,60k,90k or 120k Mile Service over  
\$150.00 Expires 01/31/2021**

**DuFresne's Auto Service  
(503)646-2940**

# ESPRESSO



# 50% OFF

Expires  
01/31/2021



Our service technicians will perform a complete, computerized battery system test on your vehicle!

**Free Battery Test  
With Any Other Service**

Expires 1/31/21  
Coupon must be presented at time of service  
One coupon per visit · Not Valid with any other offer · With Any Other Service

A big shout out to all our customers that participated in this years coat and blanket drive. A special thank you to

Barb Gadawski for all the knitted hats and hand warmers. This year was a huge success. Everything is donated to the Portland Rescue Mission.





## Severe Driving Habits: From AAA

1. Trips of 5 miles or less.
2. Extended idling conditions or low speed such as Stop and Go Traffic.
3. Trips of 10 miles or less and the outside temperature remains below 32 F
4. Trailer towing.
5. Operating in dusty, sandy, or salty areas.
6. Driving continuously in excess of normal highway speeds.
7. Extended driving in excessive temperature conditions. (above 90 F)

Call or E-mail today for your appointment.

**503-646-2940**

The Picture of a timing belt is just an example,  
yours may be slightly different.

**Timing Belt Replacement**

**\$50.00 OFF**

**Can not be combined  
with any other offer**

**EXPIRES:**  
Jan 31 , 2021

DuFresnesAutoRepair.com  
(503)646-2940



## *Beef with Burgundy Mushrooms*



This classic recipe is a pot full of richly flavored beef and sauce spooned over noodles. Ready to serve in 25 minutes!

### Ingredients

- 2 cups uncooked medium egg noodles (4 oz)
- 1 lb boneless beef sirloin steak (1/2 inch thick), cut into 4 pieces
- 2 packages (8 oz each) fresh whole mushrooms, quartered
- 1 can (10 1/2 oz) condensed French onion soup
- 1/4 cup dry red wine (such as Burgundy) or nonalcoholic wine
- 1 tablespoon cornstarch
- 3 tablespoons tomato paste with basil, garlic and oregano
- 1/2 teaspoon dried oregano leaves
- 2 tablespoons chopped fresh parsley
- Pepper

### Directions

1. Cook and drain noodles as directed on package, omitting salt. Place in serving bowl; cover to keep warm.
2. Meanwhile, heat 12-inch nonstick skillet over medium-high heat. Add beef; cook 3 to 4 minutes on each side or until desired doneness. Remove from heat. Place beef on serving platter; cover to keep warm.
3. Wipe skillet clean with paper towels. Heat skillet again over medium-high heat. Add mushrooms; cook 10 minutes, stirring occasionally.
4. Meanwhile, in medium bowl, mix soup, wine, cornstarch, tomato paste and oregano.
5. Add soup mixture to mushrooms; cook, stirring frequently, until bubbly and thickened. Remove from heat. Stir in parsley, and season to taste with pepper. Spoon mushroom mixture over beef; serve with noodles.

**Thank you for  
trusting us and  
helping us grow.**

---

**Referral Customers  
of the Month**  
**Cliff Finnell**  
**Dianne Tannler**  
**Meredith Levy**  
**Sala Kannan**

**Thank you for  
brightening our day  
and being an  
awesome customer.**

---

**Customer  
of the Month**  
**Patrick & Jessica  
Savage**

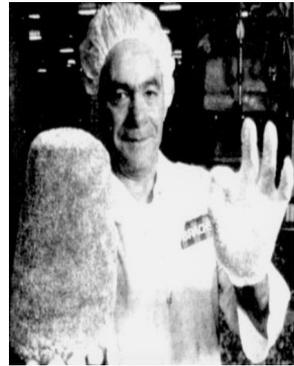
## What A Sugar Rush!

It is said that Percy Trusdale invented the gumdrop in 1801. Since then, the most popular flavors have become cherry, grape, orange, lemon and spice flavors like clove, cinnamon, mint and licorice.

What's really hard to believe is that candy only became widely available about 130 years ago. Most people made their own fudge or caramel at home so there wasn't any need for a candy shop.

However with the growth in it's popularity, candy shops started springing up regularly and "gumdrop" became the nickname of the Nasa Apollo Command modules because of their conical shapes.

On the left, Dennis LaRocca of Brach's Candy shows off the giant gumdrop that was made for the holiday season. It tips the scales at a little over 10 pounds and it's believed to be the world's largest gumdrop. The information has been submitted to the Guinness Book of World Records.



The craziest part is that if you ate this candy, you would consume 15,127 calories. Now that's a lot of calories.

*Whew...Talk about a sugar rush!*



# HOLY COW!

7	3	8	5	9	1	4	2	6
1	9	6	2	4	3	8	5	7
2	5	4	7	6	8	3	9	1
8	7	9	1	5	2	6	4	3
3	4	2	9	8	6	1	7	5
6	1	5	4	3	7	2	8	9
4	2	7	3	1	5	9	6	8
5	8	1	6	2	9	7	3	4
9	6	3	8	7	4	5	1	2

# secrets From Nancy & Tee's Kitchen



Let us know if you liked this on Facebook.

## Oven Baked Whole Ranch Chicken

### INGREDIENTS:

6 Lbs. Roasting chicken

Kosher salt

Ground Pepper

1 Head garlic, cut in half crosswise

1 Apple, halved

1 Lemon, halved

2 tbsp. butter melted

2 tbsp. HIDDEN VALLEY original ranch salad dressing & seasoning mix shaker



### Directions:

1. Preheat the oven to 425 degrees F and place a cooking rack into a roasting pan.
2. Season the cavity of the chicken well with salt and pepper, and stuff with the garlic, apple, and lemon halves. Brush the outside of the chicken with the butter and sprinkle with the seasoning mix.
3. Tie the legs together with kitchen string and tuck the wing tips under the body of the chicken. Place on the rack.
4. Roast the chicken for 90 min, or until the juices run clear when you cut between a leg and thigh. Remove the chicken and let rest for about 10-15 min before carving.

This Free Issue of News Flash  
is sent by your friends at

DuFresne's Auto Service

10690 NW Cornell Road

Portland, OR 97229

(503) 646-2940

Dufresnesautorepair.com

**NEWS**  
**flash!**



DuFresne's  
**AUTO  
REPAIR**

*Happy New Year*

Revolving Your Mind  
Not just Your Engine

January 2021  
Edition

*Hurry...  
Savings Inside!*

PRESORTED  
STANDARD  
U.S. POSTAGE  
PAID  
PEORIA, AZ  
PERMIT NO. 202