

**January 2022  
Edition**



**Du Fresne's  
AUTO  
REPAIR**

**Big News**

## **January Observances**

**National Volunteer Blood Donor  
Month**

**National Mentoring Month**

**1: Rose Bowl Game & Parade**

**15: First Super Bowl**

**22-28: Special Olympics**

**24-26 Westminster Kennel Club  
Dog Show**

**29: Ice Fishing Derby**

**(503)646-2940 DuFresnesAutoRepair.com**

## DuFresne's Auto Service Big News



In 1890, Valley Hunt Club members, led by Charles Frederick Holder, sponsored the first Tournament of Roses. The abundance of flowers, even in the midst of winter, prompted the club to add a parade before the competition, where entrants would decorate carriages with hundreds of colorful blooms.

It has been uninterrupted except during World War II in 1942, 1943, and 1945, and in 2021 due to the COVID-19 pandemic .



## Thank You For The Kind Words

### Tove Silver

Thank you DuFresne's - as usual, I am very happy with their service. I showed up a week ago for my appointment and they were so slammed that they asked if I would be willing to reschedule, and I said that I would be happy to, though I wondered if they would be willing to put air in my tires that day, so I wouldn't have to do it myself or drive on less than fully inflated tires for a week, and they generously did it for me. I returned a week later for my appointment. Professional as always, and a job well done. They also vacuumed out my front seat, which is above and beyond. I highly recommend them.

### Janice Gardener

I appreciate DuFresne. They are so friendly and the turnaround is great. Had to bring my car in without an appointment and they fixed it right away at a very reasonable price. Thank you!

### Mona Sandberg

Took my car in to Du Fresne's, I have been there before. I am so happy with their service and honesty. I will never take my car any where else for repairs.....but there. Couldn't be more pleased.

**(503)646-2940 DuFresnesAutoRepair.com**

**Special  
Olympics**  
Oregon



## Special Olympics

From Wikipedia, the free encyclopedia

The Special Olympics World Games is a major event put on by the Special Olympics committee. The World Games alternate between summer and winter games, in two-year cycles, recurring every fourth year. The first games were held on July 20, 1968, in Chicago, Illinois, with about 1000 athletes from the U.S. and Canada. At those first games, honorary event chair Eunice Kennedy Shriver announced the formation of the Special Olympics organization. International participation expanded in subsequent games. In 2003, the first summer games held outside the United States were in Dublin, Ireland with 7000 athletes from 150 countries. The most recent World Summer Games were held in Abu Dhabi, United Arab Emirates, from March 14 to 21, 2019. This was the first Special Olympics World Games to be held in the Middle East. The next World Summer Games will be held in Berlin, Germany, between June 16 to 25, 2023. This will be



the first time for Germany to host the Special Olympics World Games. The first World Winter Games were held in Steamboat Springs, Colorado, US. Austria hosted the first Winter Games outside the United States in 1993. The most recent Special Olympics World Winter Games were held in Graz, Schladming and Ramsau, Austria, from March 14, 2017, to March 25, 2017 (see also 2017 Special Olympics World Winter Games). During the World Winter Games of 2013 in Pyeongchang, South Korea, the first Special Olympics Global Development Summit was held on "Ending the Cycle of Poverty and Exclusion for People with Intellectual Disabilities", gathering government officials,



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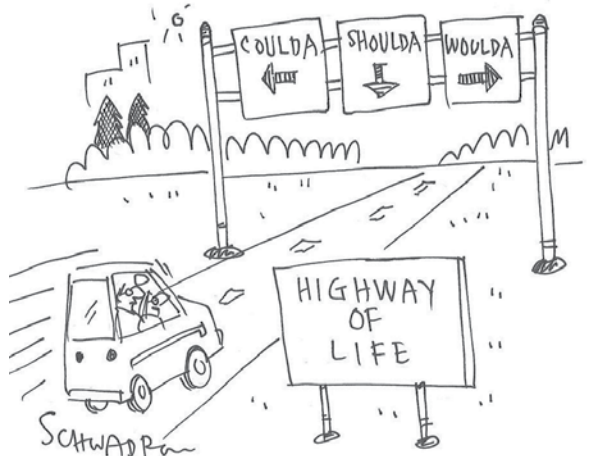
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No math is required to solve a Sudoku. You only need logic and patience. Simply make sure that each 3x3 square region has only one instance of the numbers 1-9. Similarly, each number can only appear once in a column or row in the larger grid. The difficulty on this puzzle is easy.

4			5	9			7	
9			6			2		
8	7				1			
5	9						4	6
2	8						5	7
			1				6	3
		5			9			2
	1			3	4			5



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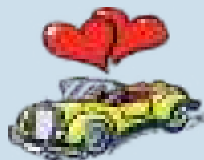
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# secrets From Nancy & Tee's Kitchen



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## SLOW COOKER MEXICAN CHICKEN SOUP

### Ingredients

- 3 boneless skinless chicken breast
- 1 14 oz can Fire-roasted plum tomato
- 2 tspn oil
- 1 medium onion Finely Chopped
- 1 tbsp Minced garlic
- 1 red bell pepper Chopped
- 1.5 tsp Roasted Cumin powder
- 1 tsp Dried Oregano
- 1.5 tsp Chipotle chili powder
- 1 tsp paprika (Optional)
- 1.5 cups chicken stock
- 1 cup half and half

Take oil in a pan. Once hot, put minced garlic, followed by onion. Fry till Onion starts to soften a little bit and it is aromatic. To a pre-heated Slow cooker, add chicken breast, crushed tomatoes, cooked Onion and garlic mixture, all the spices, warm Chicken Stock and salt. Cover and let it cook on high 3 hours. To the Crock-Pot, stir in chopped bell peppers, Cream, cream cheese, Shredded cheese. Further, cook on high for 20-30 minutes until all the cheese has melted. At the end of cooking using two forks shred the chicken breast. While serving, top it with fresh cilantro, Sour cream, Avocados.





## How Do You Know?

When it comes to vehicles, there are many similar symptoms to different problems. You may need a tune-up or it may be something completely different. So what are some signs to look for when a tune-up might be needed? **A misfiring engine** (when spark plugs ignite at the wrong time) could be caused by worn or fouled spark plugs. Bad spark plugs can also cause low fuel economy, hard starting and sluggish acceleration. **A dirty or clogged engine air filter** is more likely to reduce acceleration than fuel economy, according to tests conducted by the EPA. Because filters get dirty gradually over time, you might not notice a small but steady loss of performance until your car is accelerating like a turtle. But if you haven't changed the filter in a couple of years (or sooner in areas that have a lot of soot in the air), that could be part of the problem.

**Engine deposits caused by low-quality or contaminated gasoline** create drivability problems, and the cure for that might be a fuel system cleaning.

**An illuminated check engine light** signals when something is amiss in the emissions control system, but depending on what the issue is, it could also affect fuel economy or engine performance, so don't ignore it. A faulty oxygen sensor, for example, leaves the engine computer in the dark about how to set the air-fuel mixture, and that can result in poor fuel economy. **An old oxygen sensor** may still work well

enough that it doesn't trigger the check engine light but could still hurt fuel economy. Engine performance can also be reduced by more serious internal problems, such as valves that don't seat properly or worn piston rings, or by restrictions in the exhaust system. We would recommend consulting a professional mechanic who has the right equipment to help diagnose the cause of the issue. So next time you visit, instead of asking for a tune-up, talk with our **Service Writer** about any issue your vehicle is having. This will help them diagnose the root problem to keep your vehicle running at it's best. **Courtesy of Cars.com**



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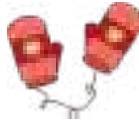


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You are very much appreciated.

4	3	2	5	9	8	6	7	1
9	5	1	6	7	3	2	8	4
8	7	6	4	2	1	5	3	9
5	9	7	8	1	2	3	4	6
1	6	4	3	5	7	9	2	8
2	8	3	9	4	6	1	5	7
7	2	9	1	8	5	4	6	3
3	4	5	7	6	9	8	1	2
6	1	8	2	3	4	7	9	5



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