

**June 2020
Edition**

**Revvng Your Mind
Not just Your Engine**



**Du Fresne's
AUTO
REPAIR**

**NEWS
flash!**

Inside This Edition:

Summer Spirit

Wow...What A Testimony

Keep Cool

The Stumpers

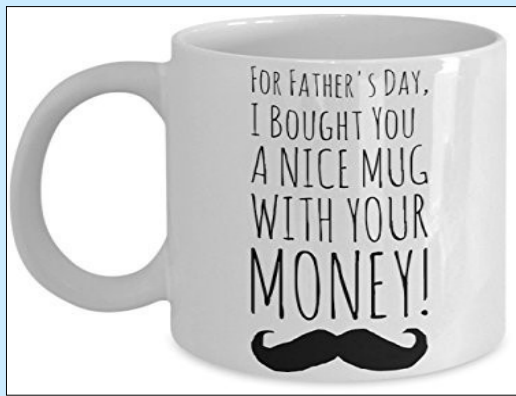
Savings Hub

Thai Lettuce Wraps

Travel Trivia

**From Your Friends at
Du Fresne's Auto Repair**

Laugh Out Loud



**Got
Questions?**

Contact us

Holiday Insights

Aquarium Month

National Candy & Dairy Month

Turkey Lovers Month

Jun 1: Flip a Coin Day

Jun 2: National Rocky Road Day

Jun 4: Hug Your Cat Day

Jun 5: Hot Air Balloon Day

Jun 6: National Yo-Yo Day

Jun 8: World Ocean Day

Jun 11: Nat'l Corn on the Cob Day

Jun 12: Nat'l Flip Flop Day

Jun 14: Flag Day

Jun 15: Smile Power Day

Jun 17: Eat Your Vegetables Day

Jun 18: Go Fishing Day

Jun 18: International Picnic Day

Jun 19: Take a Road Trip Day

Jun 20: Summer Begins

Jun 21: Happy Father's Day

Jun 21: National Sea Shell Day

Jun 22: Nat'l Chocolate Éclair Day

Jun 25: Log Cabin Day

Jun 26: Take Your Dog to Work Day

Jun 30: Meteor Day

Hours

**Monday - Friday
6AM - 5PM**

***Hurry...
Savings Inside!***

(503) 646-2940 ■ DuFresnesAutoRepair.com

Summer Spirit

School's almost out. Vacation planning is in the works. The weather is changing, and you can already start feeling the warmth of summer. Whether your plans include staying close to home, going on a vacation, or taking a road trip, there's probably a lot of cool and fun things you might not have known about the warmest season of the year. We've compiled some summer fun facts to help you get into the spirit of the season!

1. The first modern Olympic Games were held in the summer in 1896 in Athens, Greece.
2. Watermelon is one of summer's best summer treats. Did you know that watermelons are not a fruit, but a vegetable instead? They belong to the cucumber family of vegetables.
3. The Eiffel tower actually grows in the heat of the summer. Due to the iron expanding, the tower grows about 6 inches every summer.
4. Mosquitos are most prevalent during summer months. Mosquitos have been on earth for more than 30 million years.
5. Ice pops were invented in 1905 by an 11 year old boy.
6. Frisbees, invented in the 1870's as a pie plate, but in the 1940's, college students began throwing them around. They have since stopped being used for pie plates and are now a summertime staple.

Hopefully these fun facts have you excited for the summer, you'll plan an epic getaway with long lasting memories and you're off to your greatest adventure yet. Happy Summer Everyone!



Hello
June

***"Keep your face always
toward the sunshine -
and shadows will fall
behind you."
~ WALT WHITMAN***

WOW...What A Testimony!

Cindy Hudson: "Took our car in for routine maintenance and DuFresne's discovered a problem that needed repair. While it's always frustrating to find out that something major needs replacing, I trust DuFresne's to make honest recommendations and do a quality job. Glad they are keeping our car in good shape to stay on the road."

Dawn & Doug Trainer: "Trust is hard to come by when it comes to auto service. I trust these folks. I get honest feedback on car problems and a fair price. This time around I even got a bonus coupon for liking them on Facebook! Who does that? Not many. Thank you DuFresne's."

Joe T: "Friendly Professional service without any problems to schedule me in the same day.

Thanks for all you do."

Mary Jane Erickson: "Thank you so much for providing your professional service, especially during this most challenging time."

Makayah Colunga: "Love all the services here! You guys are great, also love you're in my neighborhood makes my pick up and drop off convenient. Support local business is a must and I really appreciate the safety precautions they have for this pandemic! Unbeatable prices and very quick and efficient!"

John Chan: "Very knowledgeable, convenient and fair."

Subba Vanka: "Very prompt and quick service for my XC70 which had the brake guard scraping the rotors and making an annoying sound. Also an unplanned brake

light replacement. Bridgette set up an appt easily the next day and Marcos was quick to diagnose and fix the problems in less than an hour while I waited. Thanks for the excellent service and pricing which was reasonable and fair."

Kirk Hansen: "It's nice to have DuFresne's just down the road from me. When my timing belt went out on the highway it was reassuring to know that I could have my rig towed to my favorite garage and know the problem would be handled. I couldn't imagine taking it anywhere else!"

John Freeouf: "Easy to schedule, complete and trustworthy repair. They also are careful about social distance and sterilize keys etc before returning them."

Keep Cool



If you are wondering how to keep your car cool during summer, there are plenty of simple things you can do. From maximizing your air conditioning to taking advantage of a shady spot when parking, the following tips can help you maintain a cooler vehicle on those hot and humid summer days.

Cars can trap heat, causing the temperature inside them to quickly rise, says the National Weather Service. According to one test, a parked car's temperature rose from 80 degrees to more than 94 degrees in about two minutes, and reached 123 degrees within an hour. A car can reach up to 200 degrees inside, according to Consumer Reports.

Reducing the amount of heat entering through your windows may help keep your car cooler, making it more comfortable when it's time to take a ride. Here are some tips to help keep your car cool in the summer:

- **Sun shades:** Sun shades help block the direct rays coming into your vehicle, says Consumer Reports. This keeps the temperature slightly lower, which can help your car cool down more quickly once the vehicle is started.
- **Tinted windows:** A more expensive, yet constant way to block the sun, says Cars.com, is with window tinting. But before you take your car in to have the windows darkened, make sure you know your state's laws, as some have restrictions on how much or which windows you can tint.
- **Covered parking:** If you don't have tinted windows or a sun shade, a helpful alternative may simply be parking in the shade. Consumer Reports suggests looking for a shady spot or parking your car so the sun is hitting the rear window instead of the windshield. This may help keep the steering wheel and front seats slightly cooler.
- **Cracked windows:** Because windows hold in warm air, leaving them open slightly while parked will create slight airflow. If your vehicle has a sunroof, Cars.com says you can also crack that or use the vent feature if it's not raining. For both windows and sunroofs, only leave them open slightly (less than an inch) to help minimize the possibility of theft.

Courtesy of Allstate

Have a great and safe summer everyone.

Father's Day SPECIAL

- ◆ Oil, Filter & Lube Service
- ◆ 70-Point Inspection
- ◆ Tire Rotation (as needed)
- ◆ Brake Inspection
- ◆ Check Antifreeze and All Fluids
- ◆ Inspect Belts & Hoses
- ◆ Air Conditioning Test for proper operation
- ◆ Consolation on Any Problems w/the Vehicle



\$49.99 Conv Oil - 5 Qts Most Cars

\$89.99 Synthetic Oil Change
5 Quarts - Most Cars

A \$149.99 Value - Expires 06/30/20



The Stumpers

SUDOKU:

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.

	1	9		6			3	
8	5				2	1		
	3		9			6	8	
	8				9	3	7	
3	9			7			2	1
	4	1	5				6	
	6	4			1		5	
		3	4				1	6
7			5			2	4	

Hint...Sudoku answers included within this edition.

MAZE:

You must find your way out in one line.
Now...No cheating or erasing. :)



Free

Did you know that we have
Loaner Cars Available for most
Services?

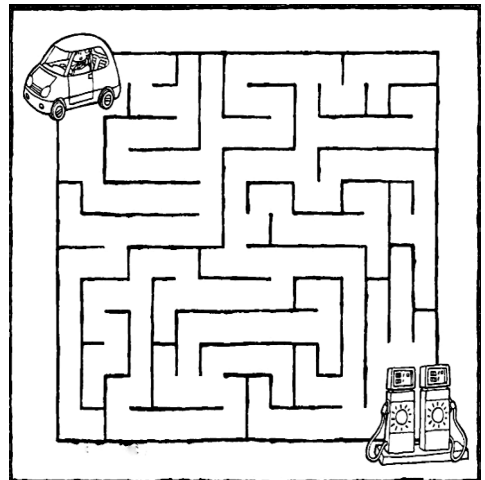
★ Sanitized before and After ★

Make sure you ask about one
when making an appointment.

Requirements:

- ◆ Must be 25 or over
- ◆ Proof of Insurance
- ◆ Credit Card or Debit Card
- ◆ Valid Drivers License

Loaner Cars



Car Care Club Card Annual Sale Event!

Conventional Oil Change Package
~~**\$129.99**~~ **\$99.99**

Synthetic Oil Change Package
~~**\$260.99**~~ **\$199.99**



4 Oil changes - 5 Qts-Most Cars



Brake Inspection



Charging System Check



**Plus An Additional
\$210.00 of Discounts**

**Good For 1 year of first use. Can be used on
all cars in family.**



\$25.00 OFF
Any A/C Repair or
Service over \$100.00



Expires: 06/30/2020

Can't be combined with
Car Care Club Card



Check Out
These
Incredible Deals!

B-B-Q



\$2.00 OFF
Propane

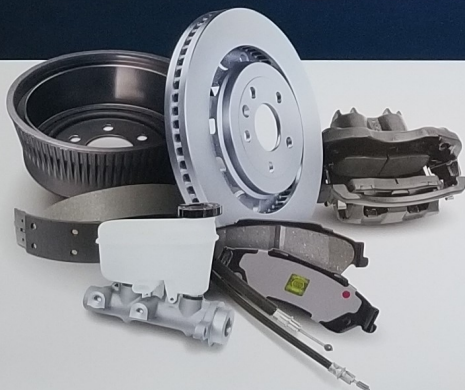


Min 4 Gallons
Expires
June 30



Refer a Friend,
Family, Co-Worker
or even your Mail Man
and get 2
FREE Movie Tickets
From
DuFresne's Auto Service

BRAKING NEWS ALERT! GET \$75⁰⁰ BACK!



Get a \$75 Prepaid Visa®
Card with Qualifying
Brake Parts Purchase
of \$250 or more!



QUALIFYING NAPA BRAKES PARTS: all NAPA branded brake products including Adaptive One pads, Akebono pads, Reactive One rotors and Total Eclipse calipers. Claim a \$75 Prepaid Visa® Card from NAPA® Brakes with \$250 qualifying brake parts in a single purchase between **May 1 - June 30, 2019**. \$250 of qualifying products will be based on the final price paid, less any discounts, warranty, reimbursements, extended warranty, core and resurface charges and excluding taxes; installation/labor. Submit your rebate **ONLINE ONLY** at NAPABrabes.com by July 15, 2019.

May & June 2020

Thai Lettuce Wraps

Quick, Easy, Healthy and “oh so” Flavorful with a Spicy Sriracha Kick! What a way to jumpstart the summer. But don’t stop there...have family fun while creating your own version using their favorite toppings.

Unlimited and full of flavor - now that’s a summer wrap!

Ingredients

2 medium bell peppers, seeded and chopped
1 tbsp. vegetable oil
3 cloves garlic, chopped
1 lb. ground turkey
2 tbsp. fish sauce
1/4 c. packed fresh cilantro, chopped
1/4 c. packed fresh mint leaves, chopped
3 tbsp. lime juice
1/2 tsp. sugar
Lettuce cups and Sriracha Hot Sauce, for serving



Directions

1. In 12-inch skillet on medium-high, cook bell peppers in vegetable oil 3 minutes. Add garlic; cook 30 seconds. Add ground turkey and fish sauce. Cook 5 minutes, breaking up meat.
2. Stir in cilantro, mint leaves, lime juice and sugar. Serve in lettuce cups with Sriracha hot sauce, if desired.

**Thank you for
trusting us and
helping us grow.**

**Referral Customers
of the Month**

**Andrew Krane, Mary
Jane Erickson, Scott Long,
Barrett Adams, Dale
Rasmussen, Jeff Wilson,
Michael Lindstrom**

**Thank you for
brightening our day
and being an
awesome customer.**

**Customer
of the Month**

Brian Merritt

Travel Trivia

What a great summer game. Whether your traveling, enjoying a family gathering or just have some bored family members on your hands...this game will keep everyone engaged and laughing while passing the time away. Have fun on your next outing and see just how many everyone can guess right.

- ⇒ What do residents of Phoenix, Arizona call themselves? Phoenicians
- ⇒ What lake In the United States is the coldest? Lake Tahoe. Brrrrrr
- ⇒ In Oman markets, how much does frankincense cost? Approx. \$3
- ⇒ How did the beautiful apple orchards of Tasmania get their start?
From three trees planted by Captain Bligh of the famous ship mutiny on the HMS Bounty.
- ⇒ Out of every 64 people in Alaska, how many have a pilot license?
1 out of every 64
- ⇒ What did archeologists find in the ancient tombs of Egypt that was still edible? Honey
- ⇒ The national treasure of Australia, The Great Barrier Reef consists of how many separate reefs? 3,000
- ⇒ What do the Irish call the place they go for live music, gossip, a hot meal and storytelling? The pub or public house
- ⇒ What American State had the first 911 service? Alabama
- ⇒ Venezuela has the world's highest waterfall that is 15 times higher than Niagara Falls. What is its name? Angel Falls
- ⇒ Next to Warsaw, what American City has the largest Polish population? Chicago



2	1	9	8	6	4	5	3	7
8	5	6	7	3	2	1	9	4
4	3	7	9	1	5	6	8	2
6	8	2	1	4	9	3	7	5
3	9	5	6	7	8	4	2	1
7	4	1	5	2	3	9	6	8
9	6	4	2	8	1	7	5	3
5	2	3	4	9	7	8	1	6
1	7	8	3	5	6	2	4	9

Secrets From Nancy & Tee's Kitchen



Let us know if you liked
this on Facebook.

Beef Enchiladas

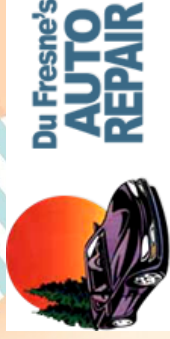
- 1.5 pounds lean ground beef
- salt and pepper
- 1 small white onion, peeled and diced
- 1 (4-ounce) can diced green chiles
- 1 (15.5 ounce) can black beans rinsed and drained
- 8 large flour tortillas
- 3 cups Mexican-blend shredded cheese
- 1 can store-bought enchilada sauce
- Optional: 1/4 cup chopped fresh cilantro



Instructions

1. Heat oven to 350°F. Grease a 9 x 13-inch baking pan with cooking spray. Set aside.
2. Cook the ground beef in a large saute pan over medium-high heat until it is browned and completely cooked through, using a spatula to break up the beef into small pieces as it cooks. Using a slotted spoon, transfer the beef to a separate bowl and set aside. Reserve 1 tablespoon of the remaining grease, and discard the rest.
3. Add the onion to saute pan and cook for 5 minutes (in the reserved 1 tablespoon of grease) until it is soft and translucent. Stir in the green chiles and beans, and cook for 1 minute to warm, stirring occasionally. Remove pan from heat, and stir the ground beef and 1/4 cup enchilada sauce into the onion mixture until combined. Set aside.
4. To assemble the enchiladas, set up an assembly line including: tortillas, enchilada sauce, ground beef mixture, and cheese. Lay out a tortilla, and spread two tablespoons of sauce over the surface of the tortilla. Portion about 1/8th of the ground beef mixture and spread it in a line down the center of the tortilla, then sprinkle with 1/3 cup cheese. Roll up tortilla and place in the prepared baking dish. Repeat with the remaining ingredients. Spread any of the remaining enchilada sauce on top of the tortillas, then sprinkle the remaining shredded cheese on top.
5. Bake uncovered for 20 minutes. Remove from oven and serve immediately, garnished with chopped fresh cilantro if desired.

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Happy Father's Day

June 2020
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Revving Your Mind
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*Hurry...
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