

**November 2020
Edition**

**Revving Your Mind
Not just Your Engine**



**Du Fresne's
AUTO
REPAIR**

**NEWS
flash!**

Inside This Edition:

Swing Your Partner

Wow...What A Testimony

Winter Prep

The Stumpers

Savings Hub

Turkey Stew with Dumplings

Crunch It Up

**From Your Friends at
Du Fresne's Auto Repair**

Laugh Out Loud



**Got
Questions?**

Contact us



Holiday Insights

Aviation History Month
Child Safety Protection Month
National Diabetes Awareness Month
National Novel Writing Month
Nov 1: Natl Author's Day
Nov 1: Daylight Saving Time Ends
Nov 3: US General Election Day
Nov 5: Men Make Dinner Day
Nov 6: National Nacho Day
Nov 7: Book Lovers Day
Nov 9: Chaos Never Dies Day
Nov 10: USMC Day
Nov 11: Veteran's Day
Nov 12: Chicken Soup for the Soul Day
Nov 13: Caregiver Appreciation Day
Nov 13: Friday the 13th
Nov 14: Operating Room Nurse Day
Nov 16: National Fast Food Day
Nov 20: Beautiful Day
Nov 22: Go For A Ride Day
Nov 23: National Espresso Day
Nov 26: Happy Thanksgiving
Nov 27: Black Friday
Nov 29: Square Dance Day

Hours

**Monday - Friday
6AM - 5PM**

Hurry...

Savings Inside!

(503) 646-2940 ■ DuFresnesAutoRepair.com

Swing Your Partner

Square Dancing has progressed a lot throughout history and it is popular in many different parts of the world. These dances were first documented back in the 16th century in England. However, they were also popular in other parts of Europe and they have become a part of American history as well.

When you consider the impact that this dance has had, it is of no surprise that we have a Square Dance Day to celebrate it! On November 29th, we celebrate this traditional dance as we raise awareness about it as well. This is the perfect chance for you to get your dancing shoes on and try out this dance with some friends and loved ones. Whether you go to a dance class or you simply practice from the comfort of your own home, it does not matter so long as you are moving!

So what if it doesn't work out very well at first. The laughs, food and drink you could prepare to go along with the evening could easily make up for the mistakes and stumbles that are bound to happen.

Whatever you decide...have fun, swing your partner and kick it up a bit. Life is too short not to try something new. Who knows, you just might find yourself a new hobby.



*What good is the
warmth of summer;
without the cold of winter
to give it sweetness.
~ John Steinbeck*

WOW...What A Testimony!

Rick, Nancy Shannon:
"Awesome timely and quality service as always!"

Wes Youssi: "The scheduling, communication, and repair work done at DuFresne's has been terrific. They make it easy to drop off and pick-up."

Eric Bruckbauer: "Fast, polite and honest! Definitely will be back."

Robert Swearingen:
"Du Fresne's ran analysis on my vehicle and were straight up with me on cost compared to the value of my vehicle...they were honest! And the bill was no more than they estimated from the begin-

ning. So even though they did no repairs, I recommend them for their honesty."

Jim Main: "Easy to make an appointment on short notice, usual friendly reception, prompt outstanding work by Marco, good explanation of work, out of there in very short time."

Winter Prep

It's no secret that winter's cold temps and unpredictable conditions can wreak havoc on a vehicle. Getting your car ready for the winter ahead can help you save on costly repairs and keep you from being stranded in less-than-ideal circumstances. Even if you live in a more temperate climate without snow and ice, the change of seasons is always a good time to have your vehicle checked and serviced. Here's what you need to do to get your vehicle ready for winter:

1. Check the battery and charging system. Cold starts are hard enough without a weak battery or cable corrosion to deal with. Have your battery and cables checked and cleaned or replaced if necessary. It will help keep you from being stranded in the worse moments.
2. Replace Wiper Blades and Fill Cleaning Fluid. Good visibility is key to safe driving in snowy or rainy weather conditions. Don't wait until that first storm to find out your wiper blades don't work or there's no cleaning fluid left. Replace them now. If you live in a harsh climate, use winter wiper blades and cold-weather washer fluid.
3. Check Tires and Tire Pressure Regularly. It's dangerous enough driving on snow or rain-slicked roads, don't let worn tires make it worse. Ensure your tires have plenty of tread left and keep them properly inflated throughout the season. You'll not only have better control over your vehicle, maintaining the correct tire pressure can help you save on fuel costs (this is true year 'round).
4. Check the Braking System. The middle of a winter storm is the wrong time to discover your brakes don't work. Check your brakes early in the season and service or replace them if necessary. The money you spend will be well worth it and keep you safe throughout the season.
5. Change the Oil. Start the season with a fresh oil change and continue to change it at recommended intervals. If you live in a cold climate, winter weight oil can help keep the engine running smoothly and minimize rough starts.

Our technicians are highly certified and here to help you prepare. We'll make sure your vehicle is ready for the unpredictable temp changes ahead.

Call now or drop on by.



Excerpts from takechargeamerica.org

Did You Know We Are A AAA Shop?

10% Off Labor

Up To \$50.00



**Show us your AAA Card
when checking in.**



**Approved
Auto Repair**



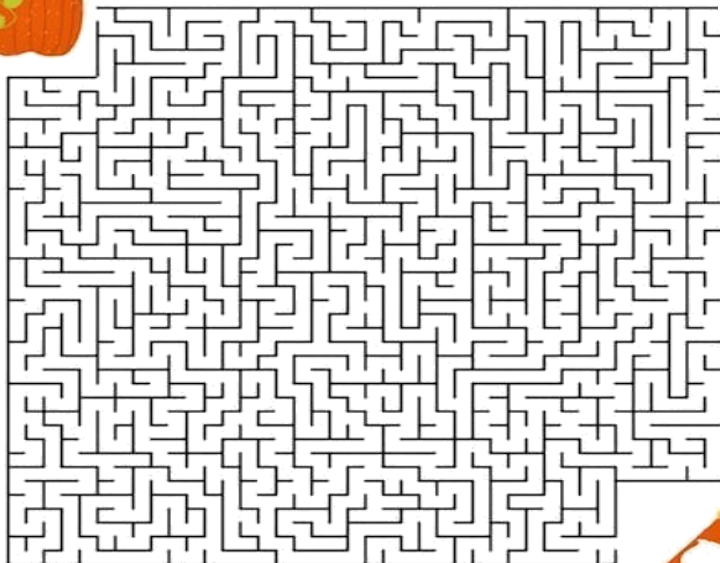
The Stumpers

SUDOKU:

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.

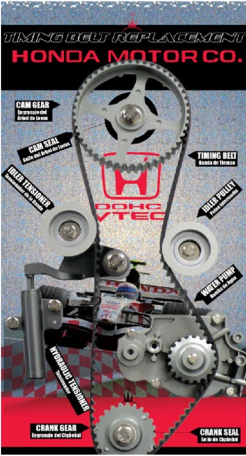
3	6	4	7	8		1		
9	5					6		4
							3	
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7			5		4			3
4	2		6	1		8		
	3							
8		7					2	6
		2		4	6	7	8	9

Hint...Sudoku answers included within this edition.



MAZE:

You must find your way out in one line. Now...No cheating or erasing. :)



Timing Belt Coupon

Severe Driving Habits: From AAA

1. Trips of 5 miles or less.
2. Extended idling conditions or low speed such as Stop and Go Traffic.
3. Trips of 10 miles or less and the outside temperature remains below 32 F
4. Trailer towing.
5. Operating in dusty, sandy, or salty areas.
6. Driving continuously in excess of normal highway speeds.
7. Extended driving in excessive temperature conditions. (above 90 F)

Call or Book Your Appointment On Line at
DuFresnesAutoRepair.com

503-646-2940

The Picture of a timing belt is just an example,
yours may be slightly different.

Timing Belt Replacement

\$50.00 OFF

**Can not be combined
with any other offer**

Expires
Nov 30th , 2020

DuFresnesAutoRepair.com
(503)646-2940





Daylight Savings Check Up Special Only \$39.95

- ✓ Check your tire pressure and inspect your tires for wear
- ✓ Inspect wiper blades
- ✓ Remove debris from radiator grill and under the hood
- ✓ Check belts and hoses
- ✓ Test battery
- ✓ Oil change

Must Present Coupon ~ Expires 11/30/20
Cannot be combined with other offers
or coupons.



**Check Out
These
Incredible Deals!**

WE ACCEPT



And Cash



2 FREE MOVIE TICKETS

Refer a Friend,
Family, Co-Worker or
even your Mail Man
and get 2
FREE Movie Tickets
from DuFresne's
Auto Service

8th Annual Coat Drive

**DuFresne's Auto Service is
Partnering with
Portland Rescue Mission**



The need has never been greater and it's never been easier to make a difference in your community. Here is your opportunity to make sure that nobody goes without such a basic necessity as a coat for winter.

DuFresne's Auto Service is collecting new or clean and gently used coats and jackets during the month of November. All coats will be donated to the "Portland Rescue Mission"

\$5.00 First Coat
\$2.00 All Rest

You will receive \$5.00 for the first coat you donate and \$2.00 for every coat after.

Up to \$50.00



Turkey Stew with Dumplings

A great way to use leftovers in a simple yet tasty creative way.

Ingredients

3 cups shredded cooked turkey
1 large sweet onion, chopped
1 large potato, peeled and cubed
2 large carrots, chopped
2 celery ribs, chopped
2 bay leaves
1 teaspoon salt
1/2 teaspoon poultry seasoning
1/2 teaspoon dried thyme
1/4 teaspoon pepper
1 carton (32 ounces) chicken broth

1/3 cup cold water
3 tablespoons cornstarch
1/2 cup frozen corn, thawed
1/2 cup frozen peas, thawed
1 cup biscuit/baking mix
1/3 cup 2% milk



Directions

1. In a 6-qt. slow cooker, combine the first 10 ingredients; stir in broth. Cover and cook on low for 6-7 hours.
2. Remove bay leaves. In a small bowl, mix water and cornstarch until smooth; stir into turkey mixture. Add corn and peas. Cover and cook on high until mixture reaches a simmer.
3. Meanwhile, in a small bowl, mix baking mix and milk just until moistened. Drop by rounded tablespoonfuls on top of simmering liquid. Reduce heat to low; cover and cook for 20-25 minutes or until a toothpick inserted in a dumpling comes out clean.

**Thank you for
trusting us and
helping us grow.**

**Referral Customers
of the Month**

**John Curran, Lea Hoppe,
Marcus Dorsen, Walter
Long, Chris Mcardle, Italy
Lerner, Johanna
Dahlstedt, Tina Yee**

**Thank you for
brightening our day
and being an
awesome customer.**

**WELCOME
BACK
MATT NIEHAUS**

Crunch It Up

No, we're not going to repeat the same old phrase that an apple a day keeps... Well, you know the rest! However, there are some very interesting facts about the humble apple that you might not have known. This juicy red fruit which most of us consume on a day to day basis has so many secrets.



Here's some fun facts for you to digest:

- Archaeologists have found evidence that people have been eating apples since 6,500 B.C.
- Apples can float because 25% of their volume is nothing but air. This air makes it become less dense than water. Thus, it will float on water. It is a matter of pure science.
- Did you know that the apple pie was accidental? Apple pie is not an American invention and in fact, it is native to Europe. The first apple pie recipe came from England in the 1300's. But the fun fact is that you were not supposed to eat it's crust. Back in the 1300's, due to lack of a decent tin or container, a utensil made of lard, flour and water was used to make an apple pie but it turned out to be more delicious with that crunchy crust.
- Now, this is something big. There are about 7500 varieties of apple all over the world. It would take you approximately 20 years to try all of them. Well that's if you really wanted to.
- Apple juice was one of the earliest prescribed antidepressants.
- Apples ripen up to 10 times faster at room temperature than if they are refrigerated.



3	6	4	7	8	9	1	5	2
9	5	8	1	3	2	6	7	4
2	7	1	4	6	5	9	3	8
1	9	3	2	7	8	4	6	5
7	8	6	5	9	4	2	1	3
4	2	5	6	1	3	8	9	7
6	3	9	8	2	7	5	4	1
8	4	7	9	5	1	3	2	6
5	1	2	3	4	6	7	8	9

Secrets From Nancy & Tee's Kitchen



Let us know if
you liked this on
Facebook.



Bacon Wrapped Caramelized Sesame Asparagus

Ingredients

- 1 bunch of asparagus, about 20-25 spears, stems removed
- 4 slices thick-cut bacon
- 1 1/2 tablespoons olive oil
- 1/2 tablespoon toasted sesame oil
- 1 1/2 tablespoon brown sugar
- 1 garlic clove, minced or pressed
- 1/2 tablespoon toasted sesame seeds

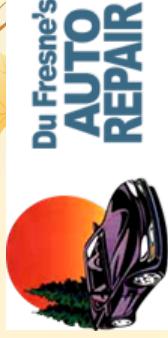


Preheat oven to 400 degrees F. Line a baking sheet with aluminum foil and place a wire rack on top. Spray the rack with nonstick spray. In a small bowl, whisk together oils, brown sugar and garlic. Set aside.

Bunch together 5-6 asparagus spears and tightly wrap a piece of bacon around the bundle. Place on the wire rack seam-side down and repeat. Using a pastry brush, a spoon or even your hands (I did this...), brush the spears thoroughly with the oil/sugar mixture. Give each bundle a hefty sprinkle of sesame seeds. Roast for 35-40 minutes, or until bacon is crispy. Serve warm.



This Free Issue of News Flash
is sent by your friends at
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10690 NW Cornell Road
Portland, OR 97229
(503) 646-2940
Dufresnesautorepair.com



Happy Thanksgiving

November 2020
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Revving Your Mind
Not just Your Engine

*Hurry...
Savings Inside!*

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STANDARD
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